

## Contents

Letter to the Secretaries

Dietary Guidelines Advisory Committee Membership

Part A: Executive Summary

Part B: Setting the Stage and Integrating the Evidence

Chapter 1: Introduction

Chapter 2: 2015 DGAC Themes and Recommendations: Integrating the Evidence

Part C: Methodology

Part D: Science Base

Chapter 1: Food and Nutrient Intakes, and Health: Current Status and Trends

Chapter 2: Dietary Patterns, Foods and Nutrients, and Health Outcomes

Chapter 3: Individual Diet and Physical Activity Behavior Change

Chapter 4: Food Environment and Settings

Chapter 5: Food Sustainability and Safety

Chapter 6: Cross-Cutting Topics of Public Health Importance

Chapter 7: Physical Activity

Part E: Appendices

Appendix E-1: Needs for Future Research

Appendix E-2: Supplementary Documentation to the 2015 DGAC Report

Appendix E-3: USDA Food Pattern for Special Analyses

Appendix E-4: NHANES Data Used in DGAC Data Analyses

Appendix E-5: Glossary of Terms

Appendix E-6: History of Dietary Guidance Development in the United States and the Dietary Guidelines for Americans

Appendix E-7: Public Comments

Appendix E-8: Biographical Sketches of the 2015 Dietary Guidelines Advisory Committee

Appendix E-9: Work Structure and Member Organization

Appendix E-10: Dietary Guidelines Advisory Committee Report Acknowledgments