

From Advisory Report to Policy Document: Creating the *Dietary Guidelines for Americans, 2015*

The Dietary Guidelines for Americans is updated every five years by the U.S. Department of Health and Human Services (HHS) and U.S. Department of Agriculture (USDA). This policy document is used primarily by health professionals and policymakers.

As they develop the Guidelines, HHS and USDA consider the report of the Dietary Guidelines Advisory Committee—an independent group of experts appointed to review current scientific evidence on nutrition and health—along with input from federal agencies and public comments (including other experts).

DIETARY GUIDELINES PROCESS

